



Board of Directors

Meeting Agenda

August 8th, 2024

**Board of Directors Members Present
in Person:**

Members Present via MS Teams:

**North Sound Behavioral Health
Administrative Services Organization
(North Sound BH-ASO) Staff Present:**

Guests Present:

- 1. Call to Order and Introductions** – Chair
- 2. Tribal Acknowledgement** – Chair
[Tribal Behavioral Health | North Sound BH-ASO \(nsbhaso.org\)](https://www.nsbhaso.org)
- 3. Revisions to the Agenda** – Chair
- 4. Approval of the June 13th, 2024, Minutes, Motion #24-34** – Chair.... Attachment
- 5. Comments & Announcements from the Chair** - Chair
- 6. Reports from Members** - Chair
- 7. Comments from the Public** - Chair
- 8. Report from the Advisory Board** (Available at Meeting) Attachment
Kara Allen, Advisory Board Chair
- 9. Report from the Finance Officer** (Available at Meeting) Attachment
Margaret Rojas, Assistant Director
- 10. Report from the Governance Operations Committee** - Chair

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda - Chair (Available at Meeting)Attachment

Motion #24-35

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from July 1st, 2024, through July 31st, 2024, in the amount of \$.
- Payroll for the month of July in the amount of \$ and associated employer benefits in the amount of \$.

11. Introduction Items – Margaret Rojas, Assistant Director

Introduction

Proviso 86-Behavioral Health Housing and Services

- An additional \$738,833.00 was allocated in the ASO July HCA amendment. This doubles our annual allotment for Proviso 86 funds. These funds are intended for rental assistance and/or behavioral health services for individuals involved with the criminal justice system. Effective date of funding availability is July 1, 2024.
- The following motion is the downstream contracts allocating the additional Proviso 86 behavioral health rental assistance and services in four counties, San Juan County is served by Compass Health with HARPS rental assistance funds.
 - Bridgeways Proviso 86 rental assistance and services in Snohomish County.
 - July addition of Proviso 86 funds \$45,000.00
 - Total Proviso 86 12-month allocation \$206,000.00.
 - Compass Health Proviso 86 rental assistance/services Snohomish County.
 - July addition of Proviso 86 funds \$45,000.00
 - Total Proviso 86 12-month allocation \$195,000.00.
 - Lifeline Connections Proviso 86 rental assistance and services in Skagit and Whatcom County.
 - July addition of Proviso 86 funds \$45,000.00
 - Total Proviso 86 12-month allocation \$227,935.00.
 - Lake Whatcom Center Proviso 86 rental assistance and services in Whatcom County.
 - July addition of Proviso 86 funds \$120,000.00
 - Total Proviso 86 12-month allocation \$270,000.00.
 - Opportunity Council rental assistance and services in Whatcom County.
 - July addition of proviso 86 funds \$120,000.00

- Total Proviso 86 12-month allocation \$276,000.00
- Pioneer Human Services Proviso 86 rental assistance and services in Island County.
 - July addition of Proviso 86 funds \$120,000.00
 - Total Proviso 86 12-month allocation \$302,935.00.

Motion #24-xx

NS BH-ASO-Bridgeways-CBRA-23 Amendment 3 for the provision of additional Proviso 86 funds for rental assistance and services in Snohomish County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-CBRA-23 Amendment 3 for the provision of additional Proviso 86 funds for rental assistance and services in Snohomish County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-FBG-23 Amendment 5 for the provision of additional Proviso 86 funds for rental assistance and services in Skagit and Whatcom County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lake Whatcom Center-CBRA-23 Amendment 3 for the provision of additional proviso 86 funds for rental assistance and services in Whatcom County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Opportunity Council-CBRA-23 Amendment 3 for the provision of additional Proviso 86 funds for rental assistance and services in Whatcom County. The contract term is July 1, 2024, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Pioneer Human Services-CBRA-23 Amendment 3 for the provision of additional Proviso 86 funds for rental assistance and services in Island County. The contract term is July 1, 2024, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

ARPA Federal Block Grant

- The Health Resources and Services Administration (HRSA) Federal Grant award will expire on September 30, 2024.
 - The program has expanded services in Skagit & Island Counties.
 - Expansion of Medication Assisted Treatment (MAT) in Concrete and Oak Harbor
 - Lifeline Connections \$60,000.00 for MAT services
 - Expansion of our Opioid Outreach teams in east Skagit County
 - Mount Baker Presbyterian Church \$235,000.00 for Opioid Outreach
 - Supporting a prevention specialist in the Coupeville School District
 - NW ESD 189 \$25,000.00 for School Prevention

- Funding a Co-Responder with Skagit Sheriff's Office
 - Skagit County Public Health \$150,907.00 for Co-Responder Services
 - San Juan County Recovery Café Peer Support
 - Lopez Island Family Resource Center-Heart & Soul Café \$28,260.00
 - Juvenile Treatment Services
 - Snohomish County Superior Court \$51,000.00 for expansion of services for juveniles and families referred to Snohomish County probation.

Motion 24-xx

NS BH-ASO-Lopez Island Heart and Soul-PSC-23 Amendment 1 to provide additional funding for the Recovery Café on Lopez Island. The term of this agreement is November 1, 2023, with a new expiration date of June 30, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-ICN-23 Amendment 5 to provide the funding for MAT services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Mount Baker Presbyterian Church-ICN-23 Amendment 1 to provide funding for Opioid Outreach services under this contract. The contract term is September 1, 2023, through August 31, 2025, with an automatic one-year renewal on September 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Skagit County-Interlocal-23 Amendment 5 to provide the funding for Co-Responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-NW ESD 189-PSC-23 Amendment 1 for the purpose of providing a prevention specialist in the Coupeville School District. The contract term is September 1, 2023, through August 31, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County Superior Court-ICN-23 Amendment 4 to provide additional funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

Program for Assertive Community Treatment (PACT)

- Compass Health has two (2) PACT teams, in Skagit & Whatcom counties serving up to 150 individuals. The need continues to expand for these services. Compass Health is requesting seven (7) additional rotating slots. The slots are reserved for individuals moving on and off Medicaid due to reoccurring spend downs.

Motion 24-xx

NS BH-ASO-Compass Health-ICCN-23 Amendment 5 to provide funding to add additional PACT service funds under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

Evergreen Recovery Centers (placeholder)

- Evergreen Recovery Centers is requesting funds to increase nursing staff at the withdrawal management facility in Everett. The funding request is for four (4) FTE nurses for a total annual ask is up to \$724,880.00.

Lake Whatcom Center (placeholder)

- Lake Whatcom Center is requesting funds for startup costs (staffing) for their Maplewood 16-bed Enhanced Service Facility for individuals transitioning out of hospital/institutional settings. The total ask is up to \$775,570.00.

12. Discussion Items

JanRose Ottaway Martin, Executive Director

- Kids Mental Health Mini-Presentation/Youth Navigator Program (Michael McAuley. Angela Fraser Powell).....Attachment available at meeting
- NS BH-ASO Org Chart.....Attachment available at meeting
- Board Retreat/Work Session Follow-up
- County Capital Requests and Large Agency Requests

13. DRAFT Report from the Executive Director Attachment

JanRose Ottaway Martin, Executive Director

- Crisis Metrics

14. Adjourn - Chair

Next Meeting: September 12th, 2024



North Sound Behavioral Health
Administrative Services Organization
Board of Directors

Work Session Agenda/In-Person Meeting Minutes

June 13th, 2024

**Board of Directors Members
Present In-Person:**

- **Barry Buchanan**, County Council; Whatcom County (Board Chair)
- **George Kosovich**, Public Health, Designated Alternate for Peter Browning, Commissioner; Skagit County
- **Jami Mitchell**, Human Services Manager, Designated Alternate for Cindy Wolf, County Council; San Juan County
- **Cynthia Foley, Sr.** Legislative Analyst, Designated Alternate for Strom Peterson, County Council; Snohomish County
- **Lynda Austin**, Human Services, Designated Alternate for Jill Johnson, Commissioner; Island County
- **Sam Low**, County Council; Snohomish County
- **Jill Johnson**, Commissioner; Island County
- **Perry Mowery**, Behavioral Health Supervisor, Designated Alternate to Satpal Sidhu, County Executive; Whatcom County
- **Satpal Sidhu**, County Executive; Whatcom County
- **Peter Browning**, Commissioner, Skagit County

North Sound

BH-ASO Staff Present:

- **JanRose Ottaway Martin**, Executive Director
- **Margaret Rojas**, Assistant Executive Director
- **Joanie Wenzl**, Administrative Manager, Clerk of the Board

Guests Present:

- **Amanda Franke**, Snohomish County Coordinator, Snohomish County
- **Richard Uri**, County Coordinator, San Juan County
- **Hannah Fisk**, County Coordinator, Whatcom County

Work Session Agenda

The Work Session Agenda was reviewed and discussed.

Comments from the Public – Chair

The Chair asked if there were any comments from the public. There were none, as no public was in attendance.

Business:

- Approval of the May 9th, 2024, Minutes, **Motion #24-24** – Chair

Sam Low moved the motion for approval, Jill Johnson seconded, there were two abstentions, motion #24-24 carried by majority vote.

- Financial Report

The Financial Report was in the Board packets for review.

- Warrants Paid

The Warrants Paid were reviewed and a motion was made to approve them (see Consent Agenda below for approved motion).

- County Funding Request Overview

The County Funding Request Overview was reviewed and discussed.

- Advisory Board Retreat Schematic

The schematic that was created during the June 4th Advisory Board was reviewed and discussed which encompassed the role of the Advisory Board and future endeavors to include more participation in legislative behavioral health matters.

- Motions (below)

The motions below were reviewed and discussed, and the associated action is documented accordingly.

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

- Consent Agenda - Chair

Motion #24-25

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from May 1st, 2024, through May 31st, 2024, in the amount of \$5,996,980.93
- Payroll for the month of May in the amount of \$199,225.06 and associated employer benefits in the amount of \$98,435.32

Jill Johnson moved motion #24-25, Perry Mowery seconded, none opposed, no abstentions, all in favor, Motion # 24-25 carried.

Action Items – JanRose Ottaway Martin and Margaret Rojas

For Board Approval

The contracts fall into four distinct categories:

- Health Care Authority (HCA) contracts to include funding for the period of July 1, 2024, through December 31, 2024.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management and Proviso Funding)

- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) and Opiate Outreach)
- Downstream contracts for GF-S/SABG/Mental Health Block Grant (MHBG) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under different categories of funding.

Health Care Authority (HCA)

- HCA-NS BH-ASO-K-6897-03 is providing the GF-S funding for the period of July 1, 2024, through December 31, 2024, and Federal Block Grant funds for the period of July 1, 2024, through June 30, 2025, and for ARPA funds utilization through September 30, 2025.
 - GF-S funding is stable from the previous contract period, with a slight increase of \$291,916.08 annually.
 - Youth Behavioral Health Navigator Program is 6-month allocation is added in the amount of \$45,966.00 in start-up funds and \$179,267.00 in operational costs, with anticipated program implementation in 2025.
 - SABG 12-month allocation - \$3,103,998.00
 - MHBG 12-month allocation - \$1,568,532.00
 - ARPA (7/1/23-9/30/25) allocation - \$3,919,189.00

Motion #24-26

HCA-NS BH-ASO-K-6897-03 providing the ASO GF-S funding and legislative proviso funds for the period of July 1, 2024, through December 31, 2024, and Federal Block Grant Funding for the period of July 1, 2024, through June 30, 2025, and ARPA through September 30, 2025.

Sam Low moved the motion for approval, Cindy Wolf seconded, none opposed, no abstentions, all in favor, Motion #24-26 carried.

HCA - Housing and Recovery through Peer Services (HARPS)

- K-6914 Housing and Recovery through Peer Services (HARPS) is allocating the HARPS funds for the team serving Skagit & Whatcom Counties and the rental subsidies for all five counties. The estimated 12-month allocation is \$707,380.00.

Motion #24-27

HCA-NS BH ASO-K-6914-01 providing HARPS funding for the period of July 1, 2024, through June 30, 2025.

Perry Mowery moved the motion for approval, Jill Johnson seconded, none opposed, no abstentions, all in favor, motion #24-27 carried.

GF-S Mandatory Services

The following contracts provide mandatory behavioral health services. Funding for GF-S services is allocated every six (6) months.

- Compass Health

- Mobile Crisis Outreach Teams, ITA services, Child Youth and Family Crisis Outreach Team, Evaluation and Treatment Services, E&T Discharge Planners
- Program for Assertive Community Treatment (PACT) services and continuing the reserve funds in the amount of \$20,900.00 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
 - Crisis Services – 6-month allocation - \$4,435,570.00
 - PACT 6-month allocation - \$20,900.00
- Snohomish County
 - Mobile Crisis Outreach, ITA services
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation - \$315,938.56
- Volunteers of America
 - Toll Free Crisis Hotline
 - Crisis Follow-up Services
 - 6-month allocation - \$33,333
- Telecare
 - Evaluation and Treatment Services
 - E&T Discharge Planners
 - 6-month allocation - \$43,368
- Lifeline Connections
 - PACT services and continuing the reserve funds in the amount of \$47,500 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will renew until the reserve is depleted.
 - HARPS team and Skagit & Whatcom rental subsidies
 - 12-month allocation - \$681,380
- Snohomish County Superior Court
 - Juvenile Treatment Services
 - AOT /Recovery Support Court Coordinator (new service)
 - 6-month allocation - \$56,720
- Island County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation - \$60,875.70
- San Juan County
 - Proviso Funding-, Designated Cannabis Account
 - 6-month allocation - \$35,489.00
- Skagit County
 - Proviso Funding – Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation - \$111,015.70
- Whatcom County

- Proviso Funding – Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation - \$104,295.10

Motion #24-28

NS BH-ASO-Compass Health-ICCN-23 Amendment 4 to provide funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-VOA-ICCN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County Superior Court-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-San Juan County-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Skagit County-Interlocal-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 30, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

[Cindy Wolf moved the motion for approval, Sam Low seconded, none opposed, no abstentions, all in favor, motion #24-28 carried.](#)

Substance Abuse Block Grant (SABG) & Mental Health Block Grant (MHBG) Priority Services

The following contracts are providing SABG priority Services:

- Brigid Collins
 - Pregnant and Parenting Women (PPW) Housing Support Services
 - 6-month allocation - \$76,260.00
- Evergreen Recovery Centers
 - PPW Housing Support Services
 - 6-month allocation - \$129,750.00
- Catholic Community Services
 - PPW Housing Support Services
 - 6-month allocation - \$75,000.00
- Compass Health
 - San Juan HARPS subsidies
 - Certified Peers on Mobile Crisis Teams
 - 6-month allocation - \$42,222.00
- Island County
 - Opiate Outreach, HARPS subsidies
 - 6-month allocation - \$158,561.00
- Community Action of Skagit County
 - Opiate Outreach
 - 6-month allocation - \$123,043.00
- Snohomish County
 - Opiate Outreach
 - 6-month allocation - \$77,500.00
- Whatcom County
 - Opiate Outreach
 - 6-month allocation - \$203,114.00
- Lifeline Connections
 - Peer Pathfinder Transition from Incarceration
 - 12-month allocation - \$71,020
- Telecare Corp.
 - Peer Bridger Program, Peer Bridger Participant Relief Funds
 - 6-month allocation - \$138,526

Motion #24-29

NS BH-ASO-Brigid Collins-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-CCS NW-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-ICCN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-CASC-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-FBG-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-FBG-23 Amendment 3 to provide additional funding to Peer Bridger services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

[Cindy Wolf moved the motion for approval, Peter Browning seconded, none opposed, no abstentions, all in favor, Motion #24-29 carried.](#)

GF-S/SABG/MHBG Services within Available Resources

- City of Mount Vernon
 - Co-Responder project
 - 12-month allocation – \$260,000
- Compass Health
 - SUD outpatient services in San Juan County (FFS)

- Whatcom County Triage
 - 6-month allocation - \$500,000
- Conquer
 - Assisted Outpatient Treatment (AOT) in Snohomish County
 - 6-month allocation - \$451,497
- Evergreen Recovery Centers
 - Withdrawal Management Services (FFS)
 - Mental Health Infant Specialist
 - 6- month allocation - \$50,000
 - Homeless Outreach and Stabilization Team (HOST) Snohomish
 - 12-month allocation - \$1,239,966
- Island County
 - Co-Responder project
 - 6-month allocation - \$151,500.00
- Lake Whatcom Center
 - PACT continuing the reserve funds in the amount of \$73,206.00 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
 - Mental Health outpatient services (FFS)
 - Substance Use outpatient services (FFS)
- Pioneer Human Services
 - Island, Skagit & Whatcom withdrawal management services
 - 6-month allocation - \$550,000
- Snohomish County
 - Co-Responder project
 - 6-month allocation - \$60,446.00
- Whatcom County
 - Co-responder project
 - 6-month allocation - \$216,379.00

Motion #24-30

NS BH-ASO-City of Mount Vernon-ICN-22 Amendment 3 to provide funding to continue co-responder services in the city of Mount Vernon. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-ICCN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Conquer Addiction-ICN-23 Amendment 2 to provide the funding to continue AOT services in Snohomish County. The contract term is August 1, 2023, through July 31, 2024, with an automatic one-year renewal on August 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic

one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 5 to provide the funding for co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026 based on continued compliance with the terms of the contract.

NS BH-ASO-LWC-ICN-19-22 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-PHS-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 4 to provide the funding co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

Peter Browning moved the motion for approval, Sam Low seconded. Discussion ensued. Motion #24-30 carried.

Recovery Navigator Program (RNP)

- The RNP program is receiving their annual allocation in the following amounts:
 - Island County - 12-month allocation \$528,855.00
 - San Juan County (Compass Health) - 12-month allocation \$528,855.00
 - Skagit County (Community Action of Skagit County) – 12-month allocation \$528,855.00
 - Snohomish County – 12-month allocation \$645,000.00
 - Whatcom County –12-month allocation \$512,455.000
- The RNP reserve funding will be renewed every 12 months until it is spent down, to date we have approximately \$3,000,000 in reserves. The providers have requested a total of \$2,915,000.00.
 - Island County - 12-month allocation \$232,500
 - San Juan County (Compass Health) - 12-month allocation \$375,000
 - Skagit County (Community Action of Skagit County) – 12-month allocation \$110,000.00
 - Snohomish County – Total Request 12-month allocation \$223,500
 - Whatcom County – Total Request 12-month allocation \$204,000

Motion #24-31

North Sound BH-ASO-Island County-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in Island County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Compass Health-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in San Juan County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Community Action of Skagit County-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in Skagit County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Whatcom County-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in Whatcom County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Snohomish County-RNP-23 Amendment for the provision of RNP services and adding reserve funds to enhance RNP services in Snohomish County. The contract term is January 1, 2023, through December 31, 2024, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Cindy Wolf moved the motion for approval, Perry Mowery seconded, none opposed, no abstentions, all in favor, motion #24-31 carried.

Department of Commerce – Community Behavioral Health Rental Assistance (CBRA)

- This contract is a renewal of funding for Community Behavioral Health Rental Assistance (CBRA) for individuals exiting inpatient/residential services and in need of housing, the funding can be used for short-term and long-term housing, with the latter as the goal.
- Added to the CBRA contracts are Governor’s Housing Initiative funds and Proviso 86 housing assistance funds allocated to North Sound through a competitive process.
- The following motion is the downstream contracts allocating the behavioral health rental assistance funds and Federal Block Grant funds for housing case management services, and HARPS subsidies for Snohomish County.
 - Bridgeways provides CBRA, HARPS & Proviso 86 rental assistance and case management services in Snohomish County.
 - 12-month allocation \$636,745.00.
 - Compass Health provides CBRA services in San Juan County and CBRA & Proviso 86 rental assistance and case management and Snohomish County.
 - 12-month allocation \$867,962.00.
 - Lifeline Connections provides CBRA, Governor’s Housing Initiative & Proviso 86 rental assistance case management services in Skagit and Whatcom County.
 - 12-month allocation \$484,707.00.
 - Lake Whatcom Center provides CBRA, Governor’s Housing Initiative & Proviso 86 rental assistance and case management services in Whatcom County.

- 12-month allocation \$384,724.00.
- Pioneer Human Services provides CBRA & Proviso 86 rental assistance and case management services in Island County.
 - 12-month allocation \$323,117.00.

Motion #24-32

NS BH-ASO-Bridgeways-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Snohomish County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Snohomish County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-FBG-23 Amendment 4 for the provision of CBRA rental assistance and program expenses in Skagit and Whatcom County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lake Whatcom Center-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Whatcom County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Pioneer Human Services-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Island County. The contract term is July 1, 2024, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

Jill Johnson moved the motion for approval, Sam Low seconded, none opposed, no abstentions, all in favor, motion #24-32 carried.

Proviso/ARPA Funds

- North Sound received county proposals for the 30% Proviso funds and American Rescue Plan Act (ARPA) funds.
- All five counties submitted proposals.
- An internal committee reviewed the proposals and two Advisory Board members volunteered to review the internal committee’s recommendations.
- We received capital funding requests, which are not in the scope of proviso funds, however, we will be discussion with the Board of Directors to assess whether to partially fund the requests.
- The motions below are ready for approval, we are seeking clarification from the respective counties on others. The funding listed is one-time funding; we will be evaluating requests for ongoing funding over the next 6-12 months.
- The committee was committed to stay true to the intent of the legislative language during the review of proposals:

... Funding repurposed under this subsection must be used to support the duties of the administrative services organization under RCW 71.24.045 through programs serving individuals with severe and persistent behavioral health conditions and behavioral health services that promote stability and recovery within their regional service area. Expenditures pursuant to this pilot program may include, but are not limited to, crisis wraparound services, jail transition and diversion services, court costs, and co-responder programs...

- Island County is requesting–
 - \$60,000.00 annually for a Behavioral health Navigator in a Pediatric Medical Clinic. This position is partially funded through insurance reimbursement, the ASO funding will cover costs not covered through insurance. Currently funded with 1/10th, ASO funds will allow the county to sustain other programs for a period.
 - One-time annual funding for the counseling services and connections for 3.6 FTE, we are partially funding this request in the amount of \$266,450. Currently funded with 1/10th, ASO funds will allow the county to sustain other programs for a period.
- San Juan County is requesting–
 - \$100,000.00 for behavioral health services to individuals who are uninsured and/or underinsured. San Juan county holds contracts with independent clinicians. The need is outpacing the county funded services.
 - New Day Recovery Café one-time funding in the amount of \$72,000.00 for a lease payment on an ADA compliant facility.
- Skagit County is requesting–
 - \$240,000.00 for Perinatal peer support services to pregnant and parenting individuals who are at risk of or experiencing mental health mood and anxiety disorders. The county's ARPA funds are expiring.
- Snohomish County is requesting–
 - \$311,948.00 for the continuation of the Snohomish County Outreach Team (SCOUT) co-responder program. The county's ARPA funds are expiring.
 - \$99,000.00 for Older Adult Behavioral Health Supports at Homage Senior Services. This program assesses older adults for depression and provides peer support. The funds will support the peer services and flex funds for additional needs.
- Whatcom County is requesting–
 - \$50,000.00 for a Naloxone Vending Machine and related supplies.
 - \$127,00.00 for a Recovery Navigator/Coordinator to work with individuals who have experienced an overdose and to assist with service coordination. Opiate Settlement funds will replace once ASO funds are expended.
 - \$100,000.00 to deploy a Substance Use Disorder Professional at the local Emergency Department, this position will work in partnership with the Recovery Navigator/Coordinator. Opiate Settlement funds will replace ASO funds as expended.
- Evergreen Recovery Center is requesting funds–
 - Expansion of the Homeless Outreach and Stabilization Team (HOST) Skagit & Island

- Startup funds \$400,000.00, ongoing funds will be drawn from our General Funds-State allocation, with the possibility of the team billing Medicaid for services.

Motion #24-33

NS BH-ASO-Island County-ICN-23 Amendment 5 to provide one-time funding for Behavioral Health services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-San Juan County-ICN-23 Amendment 3 to provide one-time funding for contracted behavioral health services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 5 to provide one-time funding for SCOUT and Older Adult services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 4 to provide one-time funding for a Naloxone Vending Machine and behavioral health services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 4 to provide the funding to expand HOST services in Skagit and Island counties under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

Cindy Wolf moved the motion for approval, Peter Browning seconded, none opposed, no abstentions, all in favor, motion #24-33 carried.

The Chair noted the business session closed/adjourned at 1:02p.m. and the Board Work Session commenced directly after.

Return to Work Session Agenda: Chair and JanRose Ottaway Martin

- Current State
- 2023 Strategic Plan
- Behavioral Health Gap Analysis
- Where can we go?
- 2024-2025 Strategic Plan

- Wrap up

The Work Session Adjourned @ 2:44 p.m.

The Work Session outcomes were gathered and will be further discussed and prioritized with the Board of Directors in upcoming meetings.

Additional input will be collected from the Advisory Board and County Coordinators. The goal of the Work Session is for the creation of NS BHASO's 2025 Strategic Plan. The roll-out should begin in January.

Next Meeting: August 8th, 2024 (No meeting in July, summer break)

DRAFT

Weekly Crisis Metrics Report:

See attached.

Recent work in Board of Director's, Advisory Board Retreat kicking off Strategic Planning Process

We are internally reviewing the Board of Director's and Advisory Board's notes and creating a document to bring back to those two groups and the County Coordinator's meeting to discuss what we're thinking so far, potential groupings of those ideas for the purposes of a strategic plan. We are hoping to continue to work on that as a group, involving other community partners with a plan of the work being completed towards the end of November, and a "official kick off" of the new strategic plan in January 2025. We would really like to plan a joint Advisory Board/Board of Directors meeting for December 2024 if possible.

Proviso Programs

The Proviso programs (utilizing the flexible funding we are piloting from last legislative session) are currently in contract for our providers. We are or have worked with all entities on reporting requirements and are excited those funds are going to help clinical programs in our region.

Youth Navigator Program (aka Kids' Mental Health):

North Sound is one of the last regions to go live with the Youth Navigator Program. This program is designed to support the behavioral health needs of Washington kids, youth and families. The program requires the hiring of 2-3 staff. Given that it is 2-3 staff to serve our entire region, North Sound decided to keep this program in-house versus contracting it out to strengthen the potential assistance it can provide to youth and families in our region. We will be bringing information on this program to Advisory Board and Board of Directors. North Sound staff have been participating and attending statewide meetings and those in other regions to understand the potential opportunities this new program could bring to our region.

Hiring two new positions

North Sound ASO is currently hiring for two new positions:

- **Clinical Manager:** With the expansion of clinical programs in the last couple years, we acknowledged the need for a new Clinical Manager on the clinical team. This position will supervise staff and allow our Clinical Director to focus on larger system's work and improvement.
- **Youth Navigator Coordinator:** The first position we are hiring for the Youth Navigator Program is the Coordinator position to assist in designing this new program.

HB 1515, Community Presentation at the North Sound Provider's meeting on August 1, 2024:

HCA presented to North Sound's Provider's meeting on August 1, 2024 to speak to the legislatively mandated work they've done so far on the HB 1515. At this time, they are very clear that the work they have done has focused on the traditional time/distance standards and not focused at all on Access which they define separately from Network Adequacy.

2024 State of Mental Health in America report:**[The State of Mental Health in America | Mental Health America \(mhanational.org\)](https://mhanational.org)**

Washington state is ranked 41st overall out of 51, with 1 being the best. We were ranked 31 for Adult behavioral health and **48 for Youth behavioral health**. We were ranked **49th for prevalence of mental illness**. In the face of these numbers, we were ranked 15th for Access to Care. Per the report, 1,629,000 people in Washington State who have "any mental illness" and 1,214,000 who have a substance use disorder in the past year. We are digging into the report to identify if there are any elements we would want to focus on for our strategic plan.